

# Volunteering

**Why and How**

# Why Should I Volunteer?

Volunteering is an amazing way to give back to your community and you often learn something new about yourself in the process.

- Was there someone who helped you get where you are? What if you volunteered in some way that helped them?
- Is there a type of job you want in the future? Why don't you volunteer there?
- Is there something you love that you would like to pursue more? Volunteer!
- You can list it on your resume and in your scholarship applications
- You need **40 community service hours to graduate** and the most competitive college applicants often have more

# Community Service

- It's a broad word: Unpaid work that you do to help someone.
- Demonstrates that you're becoming a contributing and responsible human

WE ALL NEED HELP.

There are opportunities for community service, almost everywhere. Your neighborhood, an elderly neighbor, agencies around town, a former school, etc. Just mark it down on your sheet and get their signature, and it counts\*.

**What doesn't count? Helping family. Doing chores for people related by blood or by marriage.**

**Keep doing helping your family, but that doesn't go toward graduation requirements.**

\*For Wahi's purposes, you can count any community service starting the summer before 9th grade

# More Community Service

- To graduate Wa-Hi, you need 40 hours of community service.
- Hours must be voluntary, non-paid, or non-court ordered activities without receiving compensation
- After you reach 40 hours, keep logging! It's good for your resume and applications.
- Do service with your friends (if you want) - it makes it even more fun!
- There are lots of cool agencies to work with! Find them on the next page, at [www.volunteermatch.org](http://www.volunteermatch.org) or <http://getconnected.unitedwayww.org/volunteer/agency/needs/>

# Where Can I Volunteer?

What do you enjoy?

## **Animals**

- Humane Society

## **Artistic Endeavors**

- Carnegie Picture Lab
- Little Theater
- Arts in Schools

## **Bilingual Services**

- BMAC
- Heart to Heart
- Head Start
- Family Medical Center
- Helpline
- Salvation Army
- SOS Health Clinic

## **Environmental**

- USDA Forest Service
- Corps of Engineer
- 2020
- Tri-State Steelheaders
- Waste Reduction

## **Children**

- Scouts, Campfire, etc
- Children's Museum
- Teen Center
- Little Leagues
- YMCA
- Walla Walla Public Library
- Story Time Project
- Children's Home Society
- Friends of Walla Walla
- Elementary Schools

## **Disabled Services**

- Lillie Rice Center
- Parent to Parent
- Special Olympics
- The Place
- Rising Sun Clubhouse

## **Elder Services**

- Aging and Long-Term Care
- CHORE Services
- Odd Fellows
- Senior Center

## **Health & Safety**

- American Red Cross
- St Mary's Medical Center
- Veterans Medical Center
- Hospice

## **Historical Preservation**

- Fort WW Museum
- Kirkman House
- Whitman Mission

## **Homeless/Housing**

- BMAC Food Bank
- Christian Aid Center
- Habitat for Humanity
- St Vincent De Paul

## **Outreach**

- Domestic Violence Coalition
- United Way

## **Women's Services**

- Birthright
- Planned Parenthood
- YWCA

# What Clubs Can I Volunteer With?

The following clubs and school activities regularly have volunteer hours:

- Amnesty Club
- Art Club
- Athletics (managing)
- Boy's Federation
- Club Latino
- Crest Club
- FCCLA
- FFA
- Girl's League
- International Club
- LINK Crew
- Key Club
- National Honor Society
- Sports Medicine Club

---

Make sure you have  
someone sign your form  
(found in career center)

---

# Questions?

**Ask the Career & College Center!**